# Barriers and enablers to screening uptake for hypertension, diabetes, oral, breast and cervical cancers in adult patients over 30 years in urban areas: *Rapid evidence synthesis*

This document is a supplement to the policy brief on the issue.

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#### List of abbreviations

BSE - Breast self-examination

CBE - Clinical breast examination

CCS - Cervical cancer screening

CPHC - Comprehensive primary healthcare

HIC – High income country

HPV – Human papilloma virus

ITS - Interrupted time series

LMIC – Lower-middle income country

NCDs – Noncommunicable diseases

NPCDCS (India) - National Program for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke

PICOS - Population, Intervention, Comparator, Outcome, Study design

PRISMA - Preferred Reporting Items for Systematic Reviews and Meta-analyses

RCT - Randomised controlled trial

UMIC – Upper-middle income country

VIA - Visual acetic acid examination





## Contents

1.	Introduction	5
2.	Methods	6
Ρ	Protocol development and registration	6
E	ligibility Criteria (PICOS)	6
	Inclusion criteria	6
	Exclusion criteria:	7
Ir	nformation sources and search	7
S	Study selection and data collection process	7
	Assessment of risk of bias in included studies	7
	Data Collection	7
	Data Synthesis	7
3.	Results	8
S	Search results and study selection	8
С	Characteristics of included studies	8
	Barriers and enablers to cervical and breast cancer screening uptake	. 14
	Diabetes	. 30
	Hypertension	. 30
	Oral cancer	. 30
	Cancers, diabetes and hypertension	. 30
4. 0	Gaps in evidence	. 35
5. F	Recommendations for future research	. 36
6. F	References	. 36
7. A	Appendix	. 39
A	ppendix 1: Search strategies for systematic reviews (all NCDs of interest)	. 39
A h	Appendix 2: Search strategies for primary studies on oral cancer, diabetes and hypertension	. 42
A	ppendix 3: List of excluded systematic reviews with reasons for exclusion	. 55
A h	Appendix 4: List of excluded primary studies with reasons for exclusion (diabetes hypertension and oral cancer)	. 59





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The authors do not have any relevant competing interests.

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According to the World Health Organization (WHO), non-communicable diseases (NCDs) are defined as chronic diseases that tend to be of long duration, which are the result of a combination of genetic, physiological, environmental and behaviours factors.(1) Main types of NCDs are cardiovascular diseases (like heart attacks and stroke), cancers, chronic respiratory diseases (such as chronic obstructive pulmonary disease (COPD), and asthma) and diabetes. The findings of The Global Burden of Diseases, Injuries, and Risk Factors Study (GBD) 2019 reported that disability caused by NCDs has emerged as the largest contributor to the global disease burden.(2) The burden of NCDs, particularly ischaemic heart disease, stroke, and diabetes has increased considerably over the last few decades as they account for more than one half of global health loss.(2) Breast cancer (8.2%), cancers of lip and oral cavity (7.2%), cervical cancer (5.2%), are reported to be among the top ten cancers responsible for the highest proportion of cancer disability adjusted life years (DALYs) in India in 2016.(3)

It is estimated that 80% of premature NCD deaths occur in lower-middle income countries (LMICs).(1) A pan Indian study explored the urban and rural differences in the self-reported diabetes in India and concluded that prevalence of diabetes is higher in urban and peri urban areas when compared to rural areas.(4) Indian population has an earlier onset of NCDs than compared to other populations.(5)

The Ministry of Health and Family Welfare (MoHFW) under the Ayushman Bharat Comprehensive Primary Healthcare (CPHC) program has undertaken a populationbased screening program for all men and women over 30 years with NCDs, with a specific focus on hypertension, diabetes, oral, breast and cervical cancers. The National Program for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS) operational guideline states that appropriate strategies that combine effective outreach and facility based UPHC services should be developed for NCD screening in urban areas in PHCs and the community health centres (CHCs).(6) Under Comprehensive Primary Health Care (CPHC) and to complement existing NPCDCS, Universal Screening of NCDs for individuals aged 30 years and above, was designed and implemented in the beginning of year 2017 to expand the range of services to be delivered.(7-9) The key components of this programme include population enumeration, community-based risk assessment through use of a checklist by Accredited Social Health Activists (ASHAs), health promotion, sub-centre level screening by Auxiliary Nurse Midwives (ANMs) and treatment initiation by PHC-Medical Officer (MO), and ensuring continuum of care through referral, medicine dispensation and a two way follow up at Sub Health Centres (SHCs).(7-9) Implementation of universal screening, prevention and management of common NCDs initiative was reported to be at different stages in different states.(8)



This rapid review focussed on identifying and synthesising evidence on barriers and enablers for screening uptake related to oral, breast and cervical cancers, hypertension, and diabetes, within the LMIC context. The enablers and barriers from lower-middle-income countries are likely to be very different from high-income and upper-middle income countries, hence, we conducted a rapid review of studies from LMICs.

This review is complemented by another rapid review that aimed to examine evidence on interventions designed to increase screening uptake in LMICs.

#### **Review question**

What are the different strategies used to increase uptake of screening for hypertension, diabetes, oral, breast and cervical cancers in in adult patients over 30 years in urban areas?

# 2. Methods

#### Protocol development and registration

We developed a protocol for the study a priori. However, the protocol was not registered owing to the rapid nature of the evidence synthesis .

### Eligibility Criteria (PICOS)

#### Inclusion criteria

We included studies, which met the following criteria:

#### Population

Adults aged 30 years or older living in urban areas, with the following NCDs: breast cancer, cervical cancer, oral cancer, diabetes, and hypertension. Additionally, healthcare providers who are involved in provision and delivery of screening were also included.

#### Intervention

Interventions that seek to increase screening uptake.

#### Phenomenon of interest

Identifying enablers and barriers to screening uptake in urban areas.

#### Context

Facility-based screening services, mobile screening services, community-based and mixed services in LMICs.



#### Study designs

Mixed-methods systematic reviews including before and after studies, cohort studies, cross-sectional studies, qualitative studies and mixed-methods studies that document and explore the barriers and enablers in the conduct of NCD screening in urban areas were included. In the absence of systematic reviews on any of the NCDs of interest and/or enablers and barriers, primary studies (aforementioned study designs) conducted were considered for inclusion.

Exclusion criteria: Cancers other than breast, cervical and oral. Editorials, newspapers, and popular media. Grey literature.

#### Information sources and search

Comprehensive search strategies (Appendices 1 and 2) for identifying systematic reviews and/or primary studies were developed, and searches were carried out in databases such as Medline (PubMed), Embase and Health Systems Evidence. The search was restricted to English language and articles published within last 10 years for recency and relevancy, within a LIMC context. Additional searches were conducted for relevant primary studies (aforementioned) in the last 10 years, where systematic reviews were not available for NCDs of interest.

#### Study selection and data collection process

Studies were screened for potential inclusion by two independent reviewers (title and abstract screening together, followed by full text screening). Where multiple systematic reviews exploring enablers and barriers in similar target populations were available, the most recent and high-quality systematic review/s were included. The 2020-2021 World Bank country income classification was used to identify and include relevant studies from LMICs.(10)

Assessment of risk of bias in included studies

Risk of bias assessment was not performed.

#### Data Collection

Data was extracted by an independent reviewer using a predesigned data extraction form and the second reviewer assessed the correctness of the data by selecting 25% of the studies randomly. Relevant data on country/region, sample characteristics, study designs, screening method/type, interventions, and screening rates were extracted.

#### Data Synthesis

A narrative approach was used to summarise the findings aided by tables where appropriate. Reported barriers and enablers influencing uptake and/or utilisation of screening services were grouped and coded respectively into major themes. The most common recurring themes were derived from the systematic reviews and were placed into overarching categories. This involved identifying themes and grouping similar themes together.



# 3. Results

#### Search results and study selection

The database searches for systematic reviews (SRs) for all the NCDs of interest identified 911 records. After removal of 174 duplicates, we screened 737 records based on titles and/or abstracts. We retrieved full texts of 62 SRs which were deemed to be potentially eligible for further examination. On full text screening, eight SRs were included in this report.(11-18) Figure 1 (Appendix 3) shows the Preferred Reporting Items for Systematic Reviews and Meta-analyses (PRISMA) flow chart for SRs. The list of excluded SRs (n=54/62) with reasons for exclusion at the full text level is presented in Appendix 4. Almost all of the excluded SRs included primary studies that were conducted in upper-middle income countries (UMICs) and high-income countries (HICs)

The database searches for primary studies of interest for diabetes, hypertension and oral cancer were performed, as there were no systematic reviews available. The searches identified 273, and on study selection process, five studies were finally included. Figure 2 (Appendix 3) shows the PRISMA flow chart for primary studies relevant to diabetes, hypertension and oral cancer. The list of excluded SRs (n=6/11) with reasons for exclusion at the full text level is presented in Appendix 5.

#### Characteristics of included studies

Overall, eight SRs related to cervical and breast cancer screening were included in the report. The majority of the evidence was around barriers and enablers or facilitators for cervical cancer screening (CCS) uptake. Five SRs specifically reported on barriers and enablers for CCS uptake.(12, 13, 15, 16, 18) One out of those five SRs was specific to CCS uptake in HIV-positive women.(15) Two SRs,(14, 17) including one conference abstract(17) of a SR (published in 2020) explored barriers and enablers for both cervical and breast cancer screening uptake. One other SR identified barriers to breast cancer screening (BCS) uptake that was specific to South India context.(11) Four SRs were specific to sub-Saharan Africa context.(12, 16-18) And the rest of the SRs included studies from low and low-and-middle income countries,(11, 13-15) The primary studies included in the SRs were mainly quantitative in nature, with many being cross-sectional surveys, followed by qualitative studies, and some mixed-methods studies.

Majority of the evidence from the included primary studies in the SRs was concentrated in the sub-Saharan Africa region, with very few studies from South Asia. Countries where studies were conducted included Bangladesh, Botswana, Ethiopia, Ghana, India, Ivory Coast (Cote d'Ivoire), Kenya, Malawi, Morocco, Nigeria, South Africa, Tanzania, Uganda, and Zambia.



The SRs identified similar barriers and enablers for both CCS and BCS uptake, with a few factors specific to CCS uptake. All the SRs explicitly reported on patient-related barriers and enablers for CCS and BCS uptake. None of the SRs reported on provider-related barriers and enablers. Table 1 presents the overarching categories and the themes identified from various SRs, in relation to patient-reported barriers and enablers, for CCS and BCS uptake. Table 1 presents a summary of the overarching categories and the themes identified from various SRs, in relation to health care provider (HCP)-reported barriers and enablers, for CCS and BCS uptake. Table 1 presents a summary of the overarching categories that were specific to CCS are clearly identified in the Tables. Common screening methods for CCS reported in the SRs included visual inspection with acetic acid (VIA), Human Papilloma Virus (HPV) self-collection, and cytology. Common screening methods for BCS included breast self-examination (BSE), clinical breast examination (CBE), and mammography.

Five primary studies were identified and included that reported on barriers and enablers for uptake of screening for oral cancer, diabetes and hypertension.(19-23) The characteristics of the included studies are summarised in Tables 2 and 3 for each NCD of interest.



Overarching	Barrier themes	Enabler themes		
category				
	Personal factors			
Knowledge and	Lack of education on cancer	Adequate knowledge of		
awareness	and/or screening services	cervical and breast cancer		
		and CCS and BCS services		
	Lack of knowledge on cancer	Well informed by HCPs		
	and/or screening services	regarding cancer and		
		screening		
	Poor awareness of preventive			
	opportunities, including screening			
	services			
	Screening is unnecessary.			
	Women who have insufficient			
	knowledge about the disease			
	showed little concern about			
	screening			
	Lack of awareness and			
	misinformation associated with			
	misconceptions			
	Misinformation			
Stigma	Self or internalised stigma. (E.g.			
	patients' feelings about			
	themselves as they try to access			
	screening services, including the			
	experience of shame related to			
	undergoing screening			
	procedures)			
Embarrassment	Embarrassment or shame of			
	showing private parts of body,			
	especially if the HCP conducting			
	screening is a male			
Fear	Fear of the screening procedure			
	Fear of screening outcome/fear of			
	getting diagnosed with cancer			
	Fear of painful pelvic			
	examination, bleeding or			
	contracting diseases through			
	CCS			
	Fatalistic view of a positive			
	outcome of the screening			

### Table 1 Categories and themes of patient-reported barriers and enablers



Experiences and	Negative experience with prior	Positive experience with
	Negative experience with phot	
Delleis		
	Bellef that only symptomatic	Experiencing signs and
	women need to undergo CCS	symptoms of cervical and
		breast cancer
	Belief of virginity loss during CCS	Greater perceived
		susceptibility of being at risk
		of cervical cancer
	Screening is a painful procedure	
Other factors	Not being married (BCS)	
	Being pregnant or in peripartum	
	period	
	Current medical illnesses (such	
	as advanced stage of AIDS	
	dishetes or hypertension etc.)	
	and health prioritian other than	
	and health phonties other than	
	cancer	
	Socio-cultural factors	
Stigma	Social stigma (E.g. fear of	
	judgment from others if they knew	
	patient or not wanting to be seen	
	at a screening service centre)	
	Negative connotation about a	
	woman, as CCS involves pelvic	
	examination and may sometimes	
	be combined with treatment for	
	reproductive or sexually	
	transmitted infection	
Sorooning	Negative experience with prior	Support from HCDo
Screening	Negative experience with phot	Support noni HCFS
experiences and	screening providers	
Dellets	Personal or family experiences	
_	with CCS	
Social support	Negative attitude of spouse or	Positive social support from
	family members	peers and family
		Encouragement from family
		members to attend
		screening, particularly
		spousal encouragement
		Being recommended to
		attend screening by a HCP
Social support	Versional or family experiences with CCS Negative attitude of spouse or family members	Positive social support from peers and family Encouragement from family members to attend screening, particularly spousal encouragement Being recommended to attend screening by a HCP



Patient and HCP relationship	Negative attitude of HCPs, particularly towards HIV-positive	Positive attitude of HCPs particularly towards HIV-
	adults	positive adults
Religious beliefs and values	Modesty mostly associated with religion	
	Other religious factors –	
	traditional healers (Traditional	
	healers accessed over HCPs due	
	to misconceptions about cancer	
	causes)	
	Structural/Health systems fa	actors
Knowledge	Lack of information regarding	
and awareness	direction of where and when to	
	obtain service	
	Lack of trained HCPs	
Embarrassment	Male gender of the HCP	
	performing the screening	
	procedure	
Logistics	Rigid scheduling structure,	Flexible scheduling structure
	frequent appointments (negative	(positive experience)
	experience)	
	Limited access to screening	Community outreach
	services	Services
	Long wait time	Residing in urban or semi- urban areas
	Lack of transportation	Convenience in terms of accessibility (location.
		opening times) and
		integration with other
		existing health services (e.g.
		reproductive or HIV care)
	Long distance to	Close proximity to health
	hospital/screening centres	facility or a screening centre
	equipped with required laboratory	
	facilities	
	Insufficient medical advice from	
	HCPs	
	Difficulty in navigating health care	
	facilities and services	
Resources	Lack of or limited facilities/health	Having a dedicated room in
and/or	Intrastructure needed to carry out	the clinic that affords privacy
intrastructure	screening procedures	
	Understatting	



Resources	Screening	procedure	is	Free screening	services	
and/or	expensive					
infrastructure	Out-of-pocke	t payment for	non-	Financial incent	ives to co	over
	emergency I	health services	like	transportation	costs	to
	screening centre	es				
	Additional co	ost of transport	ation			
	to access scr	eening services	6			

HCP – Health care provider; CCS – Cervical cancer screening; BCS – Breast cancer screening



#### Barriers and enablers to cervical and breast cancer screening uptake

A summary of the barriers and enablers to cervical and breast cancer screening uptake is provided in the following section. Majority of the evidence focussed on CCS(12-18) but most of the barriers and enablers were identified as being common to both types of cancers,(11-18) with a few specific identified for CCS.

#### **Barriers**

#### **Personal factors**

#### Knowledge and awareness

Knowledge of cancers and cancer screening services, and attitudes toward cervical cancer and screening were the most commonly reported barriers in all the SRs.(11-18) Included studies in the SRs revealed that women who had insufficient knowledge about cancers showed little concern about screening. Further, it was reported that poor awareness of cervical and breast cancer and screening opportunities affected uptake. HIV-positive women with low knowledge of cervical cancer and cervical cancer screening were less likely to undergo screening.

#### Beliefs and perceptions

The belief that only symptomatic women need to undergo cancer screening was the next most frequently reported barrier. The low perceived susceptibility of cancer, especially cervical cancer was associated with a decreased uptake of cancer screening in most of the included studies. Another common barrier to screening uptake reported was the fatalistic view of a positive outcome of the screening. Lack of awareness and misinformation were also associated with misconception about cancer screening. In a few include studies, it was reported that women perceived CCS as an unnecessary thing for unmarried women.(14, 15) Belief of virginity loss was the least reported barrier among them.

#### Embarrassment

Almost all the SRs reported embarrassment or shyness as a barrier during cancer screening procedures.(12-18) Embarrassment or shame of showing private parts of body and particularly pelvic examination were among the main reasons for not seeking CCS services. Additionally, the male gender of the healthcare provider (HCP) performing cancer screening was reported as a barrier in screening uptake, in general, and in particular by HIV-positive women.

#### Fear

Fear of screening procedure and fear of results or outcome of the screening (i.e. diagnosed with cancer) was another commonly reported barrier in all the included SRs. In most of the cases, particularly in CCS, this was related to the fear of painful pelvic examination, bleeding or contracting diseases through cervical cancer screening. In



all the studies, the majority of the participants did not avail screening services, as they perceived the procedure to be painful.

#### Stigma

Fear of cancer-related stigma was another barrier for availing cancer screening services, as reported in three SRs.(14-16) Particularly, in women with HIV, the stigma and concerns regarding HIV status disclosure were reported as barriers to cervical cancer screening.(15)

#### Being symptomatic

Being asymptomatic was identified as a barrier to cancer screening in a large number of studies in the included SRs, as it was incorrectly perceived that a lack of symptoms was a sign of well-being.(12-17)

#### Other self-reported personal factors

Being pregnant or in peripartum period was a barrier to cervical cancer screening. Current medical illnesses (e.g. HIV/AIDS, diabetes or hypertension, etc.) and health priorities other than cancer were considered as barriers to screening uptake, more so by HIV positive women.(14, 15, 17)

#### **Sociocultural factors**

#### Social support

Lack of family support (e.g. husband's disapproval or condemnation for planning to undergo screening procedure) was the most frequently reported barrier. In addition, other family members' support, social stigma/stigmatisation, prior personal or family experiences with cancer screening services were reported as the major socio-cultural barriers.(12-16, 18) In many low-income countries in sub-Saharan Africa, patriarchal practice was an important barrier to take up cervical cancer screening, which was financially and culturally related too.(16) As stated in the SR, in most African communities, the man is regarded as the head of the family and therefore, any important decision regarding the family is made solely by him, which is a barrier for most women for availing CCS services.(16)

#### Patient-HCP relationship

The effectiveness of the patient–HCP relationship was acknowledged as having a significant effect on CCS uptake. Poor patient-HCP relationship and negative attitude of HCPs toward HIV-positive women were considered a barrier toward cancer screening uptake, especially with CCS uptake.(13-16)

#### Stigma

Several SRs reported that women who reported negative attitude of their husband or spouse towards cancer screening were less likely to undergo screening.(11, 13-16) In one SR, it was reported that women in sub-Saharan Africa generally face stigmatisation and embarrassment if they discuss or attempt to access CCS services.(16) Further, as cervical screening involves pelvic examination and may be



combined with treatment for reproductive or sexually transmitted infection, it may result in a negative connotation about a woman.(16)

#### Other self-reported social factors

Religious beliefs and values appeared to influence the uptake of cancer screening services, as reported in a few SRs.(14-16) Some of the recurring themes included: family does not allow screening, modesty associated with religion, and that believing the disease is caused by a curse.

#### Structural/Health systems factors

#### Long waiting time

Lack of time for procedure and/or belief that the procedure was time consuming was the most frequently reported structural barrier in most of the SRs.(12-16) Long waiting times in clinics or hospitals (particularly public health facilities) that provide screening services was seen as a major barrier in availing screening services.(13-16) Time limitations and long waiting time at clinics were noted as barriers by a majority of women in most of the reviews. (13-16)

#### Screening costs

Screening cost was reported as another major barrier to accessing cancer screening services in almost all the included SRs.(11-16, 18) In regions where poverty is high and there are many other priority health issues, out-of-pocket payment for non-emergency health services such as cervical and breast cancer screening services is reported to be a major barrier to utilisation faced by most women. (11-16, 18)

#### Transportation

Lack of transportation to the CCS procedure centre and insufficient medical advice from health care providers were the least reported barrier among structural barriers.(11-16, 18) Additional cost of transportation to access services was also reported to decrease screening uptake.(12-16)

#### Accessibility

Several SRs reported that cancer screening centres were far to reach for many participants from their residences/locations.(12-16) Additionally, not knowing a place where cancer screening was done or being out of catchment of a healthcare facility providing screening services were among barriers to uptake of CCS.(13, 15, 16) Difficulty in navigating health care facility and services; lack of information regarding direction of where and when to obtain service were some of the other barriers reported that deterred some women from accessing screening services.(12-16)

#### Resources/infrastructures

Lack of facilities needed for cancer screening and understaffing were seen as some of the major barriers in terms of the physical and human resources (supervision, retention) required. (12-16) Convenience of cancer screening, in terms of accessibility (location, opening times) and integration with other existing health services (e.g.



reproductive or HIV care) were some of the other commonly reported structural barriers.(12-16) Perceived quality of screening (having a dedicated room in the clinic, privacy, staff professionalism etc.) were reported as significant determinants of patient satisfaction and uptake.

#### Attitudes of health workers

Negative attitudes of health care providers (HCPs) towards women, particularly towards HIV-positive women was reported as another important barrier towards utilisation of cancer screening service. (12-16)

#### Enablers

#### Personal factors

#### Adequate knowledge

Adequate knowledge of cancer and cancer screening services was associated with higher rates of cancer screening uptake by patients.(12-16)

#### Beliefs and perceptions

Greater perceived susceptibility of cervical and breast cancer was associated with an increased uptake of cervical cancer screening by study subjects.(12-16) Previous positive experience of cancer screening was reported as a facilitator for undergoing subsequent cervical cancer screenings.

#### Socio-cultural factors

#### Support

Women who were well informed by their HCPs regarding cancer and screening methods were more likely avail screening services. Encouragement from friends and family members to attend screening, particularly spousal encouragement, was considered as an important motivator for women.(12, 15, 17)

#### Location

Convenience of cancer screening, in terms of accessibility (location, opening times) has a positive effect on service uptake, as reported in several SRs.(12, 15, 17, 18) Women from urban areas were more likely to have been screened if they had prior knowledge about cancer.(12, 15, 17)

#### Structural/Health systems factors

#### Screening costs and integration with existing health services

Free screening opportunity was associated with an increased interest of women to get screened, especially for cervical cancer.(15, 16) Women from urban areas were more likely to have been screened if they had some form of health insurance.(12, 15, 17) Integration with other existing health services (e.g. reproductive or family planning or HIV care) has a positive effect on service uptake.(13-17)



Table 2 Characteristics of included systematic reviews on barriers and enablers to cervical cancer screening uptake

Review citation	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
		Cer	vical cance	ſ	•
Black et al 2019(12 )	Number of studies: 14 Study Designs: Mixed methods, quantitative and qualitative studies Countries: Uganda Setting: Both urban and rural populations Follow-up: Not specified	Sample Size: 13 to 900 Gender: female Age: varied between 15 to 65 years Type of NCDs: Cervical Cancer	Not Specified	Perceived Barriers (Participants): 1.Poor knowledge of Cervical Cancer (CC) &CCS 2.Low perceived risk of CC 3CC not considered significant 4.Embarrassme nt & Stigma 5. Lack of privacy 6 Fear of screening & outcome 7. Lack of financial / emotional support from spouse 8.Traditional healers accessed over HCWs 9.Older age 10. Residing in a remote or rural area	Enablers/facilita tors: (Participants) 1. Knowledge of CC & CCS 2. Perceived risk of CC 3. Experiencin g signs / symptoms of CC 4. Family or spousal support 5. Personal / family experiences with CC or CCS 6. Recommen ded to attend Screeni ng 7. Age > 25 years 8. Postsecond ary or greater education 9. Higher income &



Review citation	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
				11.Limited access to CCS facility 12. No time / long wait times 13.Perceiving HCWs as rude & lack of trained HCWs Perceived Barriers (Health Care providers): 1. Low perceived risk of CC 2. Limited resources and health infrastructure	formal employment 10. Living with spouse 11. Smaller household size 12. Residing in urban or semi urban areas 13. Access to health facility where CCS offered 14. Community Outreach
Devarap alli et al 2018(13 )	Number of studies: 31 Study Designs: Cross sectional studies Countries: Ethiopia, India, Tanzania, Nigeria, Kenya, El Salvador, Jamaica, Bangladesh,	Sample Size: 97 to 5929 Gender: female Age: varied between 15 to 70 years Type of NCDs: Cervical Cancer	Not Specified	Perceived Barriers (Participants): 1. Barriers of lack of knowledge and awareness 2. Psychologic al barriers- screening were painful, fear and anxiety 3. Structural barriers- Lack of time, expensive	



Review citation	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
	Setting: Both urban and rural populations Follow-up: Not specified			CCS procedure, transportatio n issues. 4. Sociocultural and religious barriers- lack of family support (husband's disapproval or condemnatio n of patients planning to undergo CC screening procedure), religious barrier- trust in God	
Kasraeia n et al 2020(15 )	Number of studies:32 Study Designs: Cross sectional and mixed methods Countries: Nigeria, Ivory Coast, Ghana, South Africa, Botswana,	Sample Size: varied between 100 to 1991 women. Gender: Women, HIV positive women Age: Varied between 17- 84 years Type of NCDs:	Pap test, VIA	<ol> <li>low         <ul> <li>awareness             of cervical             cancer</li> <li>low             perception             about being             at risk of             cervical             cancer             among HIV-             positive             women             3. low             awareness             of pap-             smear</li> </ul> </li> </ol>	<ol> <li>given enough information about HPV, cervical cancer, and screening before the screening.</li> <li>perceived benefits of CCS</li> <li>perceived Seriousness of cervical cancer</li> </ol>



Review F citation t s s c c c s f	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
	Ethiopia, Zimbabwe, Tanzania, Uganda.	Cervical Cancer		among HIV- positive women . 4. bad attitude of nurses 5. discouraged by partner 6. too expensive 7.Need to obtain partner's approval 8.Religious denial 9.Being informed on cervical cancer at the HIV clinic 10. Fear 11. understaffing, long waiting time. 12.Misundersta nding of cervical cancer screening 13. being pregnant or in peripartum period 14. fear of test result 15.Not enough cervical cancer screening services available	<ol> <li>cues about cervical cancer screening.</li> <li>women reported that they would have cervical cancer screening again if it was free.</li> <li>offered to them by HCP.</li> <li>partner or husband support</li> </ol>



Review citation	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
Lim et al 2017(16 )	Number of studies: 8 Study Designs: Qualitative and Mixed Methods studies Countries: Ghana, Uganda, Kenya, Nigeria, Zambia, Uganda Settings: Both urban and rural	Sample Size: varied between 16 to 420 Gender: Women Age: Not explicitly mentioned Type of NCDs: Cervical Cancer	Not captured	Barriers: Participants' 1. fear of pain from the procedure and of outcome; 2. poor knowledge of cancer and screening; financial constraint, 3. cultural and psychologic al barriers 4. profound social consequenc es and possibility of exclusion Physical Access: 5. Lack of facility for screening 7. Health facility distance, navigation issues 8.Cost of transportation 9. Services not easily accessible Cultural issues:	Not captured



Review citation	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
				<ol> <li>Shame of sickness</li> <li>Fatalistic view</li> <li>Stigmatisatio n</li> <li>Modesty</li> <li>Embarrassed with</li> <li>procedure</li> <li>Privacy and embarrassment</li> <li>Cultural constraints about expression.</li> <li>Gender of care giver</li> <li>Misconceptions</li> <li>Misconception about disease and screening</li> <li>Procedure and infection from other diseases</li> <li>Spousal support &amp; Household work 20.Health care worker attitude Financial constraints</li> </ol>	



Review citation	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
				<ul><li>21. Cost of screening</li><li>22. Cost of transportation</li></ul>	
Runge et al 2019(18 )	Number of studies: 15 Study Designs: Mixed methods and cross- sectional studies were included. Countries: India, Mozambiqu e, Peru, Tanzania, Zimbabwe, Malawi, Bangladesh, Kenya, Honduras, Indonesia, Nigeria, Botswana, Latin America Setting: Both urban and rural populations	Sample Size: varied between 335 to 7449 Gender: Women, HIV positive women Age: Not explicitly mentioned Type of NCDs: Cervical Cancer	VIA and Cryotherap y	Structural: 1.Lack of resources 2.Lack of facilities 3.Unreliable power sources Systemic 1.Lack of education 2.Scarcity of trained healthcare providers 3.Competing health needs Socioeconomic 1.Rural communities 2.Lack of transportation to screening clinics 3.Financial limitations Sociocultural 1.Stigmata of diagnosis 2.Fear of screening 3.Fear of vaccination	Women from urban areas were more likely to have been screened if they were older, had some form of health insurance, or had prior knowledge about cervical cancer.



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Review citation	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
		Both cervica	al and breast	t cancers	
Islam et	Number of	Sample	Cervical	Cervical Cancer:	Cervical
al	studies: 15	Size: 10 to	Cancer:	(generalized)	Cancer:
2017(14	Study	40	VIA, Pap	1. IACK OF	vvomen wno
)	Sludy Designs:	Gender:	Smear, Cryotherap	awareness or,	screening
	Mixed	female		about CC and	service were
	methods	healthcare	Colposcopy	CC screening	older, listened
	and cross-	workers,	,	2. Screening	regularly to the
	sectional	Men		uptake was also	radio, had a
	studies were		Breast	lower among	poorer quality of
	included.	Age: mean	Cancer:	multiparous	life, had health
		age varied	BSE, CBE,	Mozambican	insurance
	Countries:	between 21	Mammogra	women and in	or faced cost
	Peru, Mozambiqu	anu 45	рпу	believe that CC	obtaining health
	e India	years		is caused by a	care in the
	Tanzania,	Type of		curse/witchcraft.	preceding year,
	Zimbabwe,	NCDs:		3. education,	and held a more
	Malawi,	Cervical		income and cost	positive attitude
	Bangladesh,	Cancer		associated with	towards
	Kenya,			screening and	CC screening
	Honduras,			treatment,	compared with
	Indonesia,			distance to the	women who did
	Nigeria, Rotowana			service centres,	not attend
	Bolswana,			access and	
	America			screening	
	, anonea,			4. lack of	
	Setting:			Understandi	
	Both urban			ng of the role	
	and rural			of screening	
	populations			5. fear, anxiety,	
				and	
	Follow-up:			depression	
	specified			o. partiers	
	specified			auluue	



citation	characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
Dentelli	Niveshar, of	Comple	Nat	<ol> <li>All studies reported that lack of knowledge and awareness about breast cancer</li> <li>demographic and personal factors such as not being married, fear and anxiety</li> <li>Access, availability and cost.</li> </ol>	Deutisia entri
et al 2020(17 )	Study Designs: Cohort, Qualitative and cross- sectional studies Countries: Malawi Setting: Urban and rural settings	Sample Size: Varied between 120 and 145,015 women. Gender: Women, Healthcare providers and HIV positive women Age: Not explicitly reported Type of	explicitly mentioned	<ul> <li>Participants</li> <li>expressed</li> <li>barriers <ul> <li>Patient level</li> <li>factors:</li> </ul> </li> <li>1. lack of time,</li> <li>2. feeling too <ul> <li>ill/tried to</li> <li>participate,</li> </ul> </li> <li>3. needing to <ul> <li>tend to</li> <li>family</li> <li>members</li> </ul> </li> <li>4. indirect <ul> <li>costs to</li> <li>access</li> <li>services</li> </ul> </li> <li>5. socio- <ul> <li>cultural</li> <li>factors such</li> <li>as needing</li> </ul></li></ul>	<ul> <li>Participants</li> <li>expressed</li> <li>barriers <ul> <li>Patient level</li> <li>factors:</li> </ul> </li> <li>1. raising <ul> <li>awareness</li> <li>about both</li> <li>the disease</li> <li>and the</li> <li>screening</li> <li>services</li> </ul> </li> <li>2. higher <ul> <li>uptake</li> <li>(83%) in</li> <li>women who</li> <li>attended an</li> <li>educational</li> <li>talk prior to</li> <li>being</li> <li>offered the</li> </ul> </li> </ul>



Review citation	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
		cancer		husband's approval 6. negative perceptions about preventive care 7. religion and educational barriers 8. embarrassm ent and modesty Facility level factor: 1. For breast cancer no data were reported on numbers trained by national initiatives or other projects 2. lack of resources such as acetic acid and stock- outs of basic medical supplies 3. facilities offering screening in busy family	cancer screening service compared with those who did not. 3. combining cervical and breast cancer



Review citation	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
				planning rooms. 4. health facilities did not conduct the cancer screening daily Health System Level Factors 1. Inadequate funding 2. high staff turnover in government facilities 3. lack of awareness and clarity about national policies and guidelines	
		Br	east cancer		
Babu et al 2013	Number of studies: 16 Study Designs: Case studies, nested case control study, studies	Sample Size: Not reported. Gender: Women Age: range 16-79 years Type of NCDs:	Not explicitly mentioned	Participants' expressed barriers Lack of awareness about screening, costs, fear and stigma associated with the disease	



Review citation	Review characteris tics (no. of studies, study design/s, country/ies, settings, follow up)	Participant s' characteris tics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
	based on secondary	Breast cancer			
	data	barloor			
	analysis and				
	cross-				
	sectional				
	Study.				
	Countries:				
	South India				
	(majority				
	conducted in				
	followed by				
	Karnataka,				
	Tamil Nadu				
	and Andhra				
	Pradesh				
	Setting:				
	Urban and				
	rural				
	settings				



Five primary studies were identified and included that reported on barriers and enablers for screening uptake for diabetes, hypertension and oral cancer.(19-23) The following section provides a summary of the findings and the emerging themes.

#### **Diabetes**

A study by Tripathy (2020) conducted in six districts across three states in India reported on some of the barriers related to screening for diabetes.(23) Screening was done by blood glucose testing using strip method. Most of the participants in the study reported overcrowding, long waiting times and inadequate care as the major barriers to receiving preventive services, including screening at public health facilities.(23)

#### **Hypertension**

Demaio et al (2013) conducted a study in Mongolia that explored barriers to blood pressure screening.(19) Almost half of the study participants rated a lack of self-perceived importance as the main barrier for screening uptake (47.8%). In addition, a lack of awareness of the need to be screened was reported as another major barrier. A lack of time was cited by 17.3% of the study respondents, while a few (5.4%) reported a lack of awareness of screening services and access. The study authors concluded that targeted campaigns, incentives or opportunistic screening may prove to be more effective than the existing passive screening programs in Mongolia.(19)

#### **Oral cancer**

A study by Kaur et al (2020) was conducted in Haryana, India to identify the barriers and facilitators for opportunistic oral cancer screening in a public health facility.(20) Indepth interviews were conducted with the dental practitioners and faculty in charge of a dental outpatient department. Some of the barriers reported included the lack of better linkage with referral facility, and shortage of human resources including support staff. The respondents stated that opportunistic screening should be integrated within the existing system; however, since public health facilities are already over-burdened, there is a need for additional staff. Facilities for biopsy need to be developed. Training of dental practitioners is important to ensure quality. A well-developed system for follow-up and linkage with referral sites is required.

#### Cancers, diabetes and hypertension

In a qualitative study conducted in Nepal, barriers to screening for several NCDs, including cancers, diabetes and hypertension were explored from HCPs perspective. Health care providers reported perceived the following barriers to screening uptake: no government sponsored screening programs for NCDs; and patients do not come to visit HCPs in the early phases of the disease and mostly rely on self-diagnosis and self-medication.(21)

In another study in Malawi, providers' perspectives were sought to identify the barriers and facilitators related to screening uptake for the NCDs of interest.(22) Almost all the respondents (91%) cited inadequate financial capacity, 78% reported inadequate human resources, 65% reported inadequate technical capacity, and 56% stated that the community lacked knowledge about NCDs. Lack of resources including





inadequate staff, equipment, and supplies was the other major barrier. Lack of transportation for community outreach was reported as a major access barrier.(22)

The study also reported on facilitators for screening uptake.(22) Community-based clinics, enhanced NCD screening efforts, capacity-building, and better coordination and integration of services among departments were emphasised as opportunities to improve NCD screening uptake services. Effective integration of the NCD program with long-established existing health programs such as those for tuberculosis, HIV, and nutrition was suggested as an efficient way to facilitate greater community outreach and active NCD screening.(22)





Table 3 Characteristics of included primary studies on barriers and enablers to oral cancer, diabetes and hypertension screening uptake

Review citation	Study characteristics (study design/s, country/ies, settings, follow up)	Participants' characteristics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
Demaio et al 2013(19)	Study Design: Cross sectional Study (KAP) Country: Mongolia	Sample Size: 3450 Gender: Both men and women	None	1. Lack of awareness of the need to be screened was reported by almost three in ten responses (95%CI: 27.9-	Targeted campaigns, incentives or opportunistic screening more effective than current passive
	Setting: Both Urban and Rural setting	Age: Median age was 33 years. Range was between 15 to 64. Type of NCD: Hypertension		2.Time constraints	
Kaur et al 2020 (20)	Study Design: Cross Sectional study was conducted followed by In-depth-interviews	Sample Size: 3450 Gender: Both men and women	Dental Surgeon screening the Patients in the OPD	Patient's Perspective 1. Need for better linkage with referral facility, including the transfer of patients and communication of the	Providers' perspective: Training for all dental practitioners to detect cancer and other lesions.
	Country: India Setting: Most patients belonged to rural	Age: varied between less than 18 to above 60.		diagnosis. 2. The perceived shortage of human resources Barriers:	





Review citation	Study characteristics (study design/s, country/ies, settings, follow up)	Participants' characteristics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
	setting and explicit	Type of NCD: Oral		Provider's Perspectives	
	mention to urban	Cancer		1. Need for better linkages for	
	setting is not made.			treatment	
				2 Understaffing	
Khanal et al	Study Design:	Sample Size: 9	General NCD	Providers' perspective:	Not captured
2017(21)	Qualitative Study	Campio Cizo. 0	Care	1. No government sponsored	
		Gender: Both men and		screening programs for the	
	Country: Nepal	women		diagnosis of NCDs.	
				2. Patients do not come to	
	Setting: Urban area	Age: Ranged between		visit healthcare professionals	
		26 to 62.		in the early phases of the	
				disease and mostly relied on	
		Type of NCDs: General		self-diagnosis and self-	
		NCD care		medication.	
				3. Patients do not usually	
				come for follow-up visits	
Lunafva et al	Study Design:	Sample Size: 9	Blood Test	Providers' perspective:	Community-based clinics
2016(22)	Quantitative and		and BMI	1. Almost all (91%) cited	enhanced NCD screening
2010(22)	Qualitative design	Gender: Both men and		inadequate financial capacity.	efforts. capacity-building.
		women		78% affirmed inadequate	and better coordination
	Country: Malawi			human resources, 65%	and integration of
				reported inadequate technical	services among
1	1		1		





Review citation	Study characteristics (study design/s, country/ies, settings, follow up)	Participants' characteristics (sample size, gender, age, type of NCD/s)	NCD screening method	Barriers (participants' and providers')	Enablers (participants' and providers')
	Setting: Not explicitly stated	Age: Ranged between 26 to 62. Type of NCDs: General NCD care		capacity, 56% agreed that the community lacked knowledge about NCDs, and 52% viewed data management as weak. 2. Lack of resources; inadequate staff, equipment, and supplies; and erratic drug supply. 3. Lack of transportation for community outreach was a major theme.	departments. Effective integration of the NCD program with long- established existing health programs such as those for tuberculosis, HIV, and nutrition to facilitate greater community outreach and active NCD screening.
Tripathy et al 2020(23)	Study Design: Mixed Methods Approach Country: India Setting: Both urban and rural setting	Sample Size: 42 interviews were conducted. Gender: Both men and women Age: Ranged between 26 to 62. Type of NCD: Diabetes	Blood test	<ul> <li>Perceived Barriers</li> <li>Providers</li> <li>1. Lack specialised training in diabetes.</li> <li>2. Patient Overload</li> <li>3. Poor follow-up of patients</li> <li>4. Lack of training</li> <li>Patients</li> <li>4. Repeated travel back to the PHC</li> <li>5. Lack of lab investigations</li> <li>&amp; medicines at PHC</li> </ul>	Not reported





## 4. Contextualisation of evidence

Some of the barriers that were identified in the review, particularly structural or health systems factors are already being addressed in the Indian context through implementation of relevant strategies. Most of the identified barriers were specifically related to logistics and long waiting time.

#### Personal factors

Embarrassment: The issue of males performing the screening procedure is not relevant in Indian settings. In India, female trained ASHAs and ANMs workers have been performing screening in many states, mainly VIA and CBE.(Page 74 – Module) Further, screening is conducted at sites in a separate room for women where privacy is assured. With adequate training, ANMs may be encouraged to conduct cervical cancer screening by VIA. Similarly screening for breast cancer is performed by a trained health worker, generally a staff nurse or an ANM, who received training for conducting Clinical Breast Examination (CBE). (Page 76 – Module)

Knowledge and awareness: HIV-positive women with low knowledge of cervical cancer and cervical cancer screening were less likely to undergo screening, as identified in the review. However, the programme is designed to increase community awareness for all, in urban areas, with universal screening for all females aged 30 years and above. Screening for oral cancer is conducted by a trained health worker such as ANM, through Oral Visual Examination (OVE). (Page 80 of Module). Clinical breast examinations by trained health workers also provide an opportunity to talk with the woman about her health and allow appropriate lifestyle counselling. In addition, having regular breast examinations help women to learn about their body. (Page 76 – Module)

#### Structural/Health systems factors

Logistics: Lack of transportation and long distance to hospital/screening centres is being addressed through bringing screening closer to community. The program is designed to ensure that no person needs to travel more than half an hour to reach the site selected for screening.(Page 20 Training Module) For example, in some states like Andhra Pradesh, screening for hypertension and diabetes in community is done through Mobile Medical Units on a regular basis (Page 7, 12th CRM). Outreach Camps are organised for opportunistic screening at all levels in the health care delivery system from sub-centre and above for early detection of diabetes, hypertension and common cancers.





Difficulty in navigating health care facilities and services - Refer to CPHC and Population based screening. Also, we need to refer to CRM.

Long waiting time: Long waiting times in clinics or hospitals, particularly public health facilities that provide screening services was seen as a major barrier in availing screening services. With screening being undertaken at the UPHC level, and in a planned schedule, the issue of long waiting hours is addressed. Further, having a fixed number of people to be screened also addresses the issue of long waiting times.

Screening costs: Screening cost, particularly in regions where poverty is high and there are many other priority health issues, out-of-pocket payment for non-emergency health services such as cervical and breast cancer screening services was reported to be a major barrier to utilisation faced by most women. The screening services are provided free of cost now.

Attitudes of health workers: Negative attitudes of health care providers (HCPs) towards women, particularly towards HIV-positive women was reported as another important barrier towards utilisation of cancer screening service. The screening programme is designed to increase community awareness for all, in urban areas, with universal screening for all females aged 30 years and above.

# 5. Gaps in evidence

The burden of NCDs, particularly diabetes and hypertension is higher in LMICs; however, there is a lack of evidence on the barriers and enablers to facilitate screening uptake.

# 6. Recommendations for future research

The limited evidence from LMICs on NCDs such as diabetes, hypertension and oral cancer showed that further research including qualitative studies is needed to bridge the knowledge gaps to explore the barriers and facilitators to help improve screening uptake.

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# 7. Appendix

## Appendix 1: Search strategies for systematic reviews (all NCDs of interest)

#### PubMed

No	Search Strategy	Hits
1	(diabetes mellitus[MeSH] OR diabet*[tiab] OR "T2DM"[tiab])	707,871
2	(Hypertension[MeSH] OR hypertension[tiab] OR "elevated blood pressure"[tiab])	480,011
3	(mouth neoplasm[tiab] OR mouth neoplasms[MeSH] OR "oral neoplasm" [tiab] OR "oral neoplasms"[tiab] OR "oral cancer"[tiab] OR "oral cancers"[tiab] OR "cancer of mouth"[tiab] OR "mouth cancer"[tiab])	73,819
4	("uterine cervical cancer"[tiab] OR uterine cervical neoplasm[MeSH] OR cervical intraepithelial neoplasia[MeSH] OR "cervical intraepithelial neoplasia"[tiab] OR "uterine cervix cancer"[tiab] OR "cervical neoplasm"[tiab] OR "cervical neoplasms"[tiab] OR "cervical cancer"[tiab] OR "cervix cancer"[tiab] OR "cervix neoplasms"[tiab] OR "uterine cervical neoplasm"[tiab] OR "cervix neoplasms"[tiab] OR "uterine cervical neoplasm"[tiab] OR "uterine cervical neoplasms"[tiab] OR "cancer of the uterine cervix"[tiab] OR "cancer of the cervix"[tiab] OR "cervical cancers"[tiab] OR "cervix cancers"[tiab] OR "cervical dysplasia"[tiab] OR "cervix dysplasia"[tiab])	95,074
5	("breast cancer*"[tiab] OR breast neoplasms[MeSH] OR "breast neoplasm*"[tiab] OR "breast carcinoma"[tiab] OR "breast tumor*"[tiab] OR "cancer of breast" [tiab] OR "human mammary carcinoma"[tiab] OR "malignant tumor of breast"[tiab] OR "mammary cancer"[tiab])	387,101
6	1 OR 2 OR 3 OR 4 OR 5	1,636,573
7	(mass screening[MeSH] OR screening[tiab] OR "early detection of disease"[tiab] OR "urinary glucose"[tiab] OR "urine glucose"[tiab] OR "venous fasting plasma glucose"[tiab] OR "fasting capillary blood glucose"[tiab] OR "glycated haemoglobin"[tiab] OR "glycated hemoglobin"[tiab] OR early detection of cancer[MeSH] OR "cancer early detection"[tiab] OR	1,669,856





	"early diagnosis of cancer"[tiab] OR "visual oral examination"[tiab] OR "clinical oral examination"[tiab] OR "visual acetic acid"[tiab] OR VIA[tiab] OR "pap smear"[tiab] OR "pap test"[tiab] OR "Papanicolaou test"[tiab] OR "vaginal smear"[tiab] OR "cervical smear*"[tiab] OR mammogram*[tiab] OR mammography[tiab] OR "self-breast examination"[tiab] OR "clinical breast examination"[tiab])	
8	"systematic review" [tiab] OR meta-analysis as topic[MeSH] OR "meta-analy" [tiab] OR "metaanaly" [tiab] OR systematic reviews as topic[MeSH] OR "overview of systematic review" [tiab] OR overview * [tiab] OR "umbrella review" [tiab]	464,674
9	barrier*[tiab] OR facilitat*[tiab] OR enablers[tiab] OR obstacle*[tiab] OR challenge*[tiab]	1,488,578
10	6 AND 7 AND 8 AND 9 Filters: 10 years; English	438

#### Embase

No	Search Strategy	Hits
1	(("diabetes mellitus"/de) OR (diabet* OR "T2DM"):ti OR (diabet* OR	1,188,172
	"T2DM"):ab)	
2	(("elevated blood pressure"/de) OR (hypertension OR "elevated blood	606,385
	pressure"):ti OR (hypertension OR "elevated blood pressure"):ab)	
3	(("mouth cancer"/de) OR ("mouth neoplasm*" OR "oral neoplasm*"	25,517
	OR "oral cancer*" OR "cancer of mouth" OR "mouth cancer*"):ti OR	
	("mouth neoplasm*" OR "oral neoplasm*" OR "oral cancer*" OR	
	"cancer of mouth" OR "mouth cancer*"):ab)	
4	(("uterine cervix cancer"/de) OR ("uterine cervical cancer" OR "uterine	100,375
	cervix cancer" OR "cancer of the uterine cervix" OR "cervical	
	intraepithelial neoplasia" OR "cervical neoplasm*" OR "cervical	
	cancer*" OR "cervix cancer*" OR "cervix neoplasm*" OR "uterine	
	cervical neoplasm*" OR "cancer of the cervix" OR "cervical dysplasia"	
	OR "cervix dysplasia"):ti OR ("uterine cervical cancer" OR "uterine	
	cervix cancer" OR "cancer of the uterine cervix" OR "cervical	
	intraepithelial neoplasia" OR "cervical neoplasm*" OR "cervical	
	cancer*" OR "cervix cancer*" OR "cervix neoplasm*" OR "uterine	
	cervical neoplasm*" OR "cancer of the cervix" OR "cervical dysplasia"	
	OR "cervix dysplasia"):ab)	
5	(("breast tumor"/de) OR ("breast cancer*" OR "breast neoplasm*" OR	484,022
	"breast carcinoma*" OR "breast tumor*" OR "breast tumour*" OR	
	"cancer of breast" OR "human mammary carcinoma" OR "malignant	
	tumor of breast" OR "mammary cancer*"):ti OR ("breast cancer*" OR	
	"breast neoplasm*" OR "breast carcinoma*" OR "breast tumor*" OR	
	"breast tumour*" OR "cancer of breast" OR "human mammary	
	carcinoma" OR "malignant tumor of breast" OR "mammary	
	cancer*"):ab)	
6	1 OR 2 OR 3 OR 4 OR 5	2,229,863



7	(("mass screening"/de OR Papanicolaou test/de OR mammography/de) OR (screening OR "early detection of disease" OR "anonymous testing" OR questionnaires OR "urinary glucose" OR "urine glucose" OR "venous fasting plasma glucose" OR "fasting capillary blood glucose" OR "glycated haemoglobin" OR "glycated hemoglobin" OR "early detection of disease" OR "early detection of cancer" OR "early diagnosis of cancer" "visual oral examination" OR "pap smear" OR "pap test" OR "Papanicolaou test" OR "vaginal smear" OR "cervical smear" OR "visual ascetic acid" OR mammogram* OR mammography OR "self-breast examination" OR "clinical breast examination"):ti OR (screening OR screenings OR "early detection of disease" OR "fasting capillary blood glucose" OR "glycated haemoglobin" OR "glycated haemoglobin" OR "glycated haemoglobin" OR "carvical smear" OR "anonymous testing" OR questionnaires OR "urinary glucose" OR "urine glucose" OR "venous fasting plasma glucose" OR "fasting capillary blood glucose" OR "glycated haemoglobin" OR "glycated hemoglobin" OR "early detection of cancer" OR "early detection of cancer" OR "urine glucose" OR "venous fasting plasma glucose" OR "fasting capillary blood glucose" OR "glycated haemoglobin" OR "glycated hemoglobin" OR "early detection of cancer" OR "early detection of cancer" OR "early diagnosis of cancer" OR "visual oral examination" OR "clinical oral examination" OR "fasting capillary blood glucose" OR "glycated haemoglobin" OR "glycated hemoglobin" OR "early detection of cancer" OR "early diagnosis of cancer" OR "visual oral examination" OR "clinical oral examination" OR "clinical oral examination" OR "pap smear" OR "pap test" OR "Papanicolaou test" OR "vaginal smear" OR "cervical smear" OR "visual ascetic acid" OR mammogram* OR mammography OR "self-breast examination" OR	954,848
	"clinical breast examination"):ab)	
8	((systematic review/de) OR ("systematic review*" OR "meta-analy*" OR "metaanaly*" OR "overview of systematic review*" OR overview* OR "umbrella review*"):ti OR ("systematic review*" OR "meta-analy*" OR "metaanaly*" OR "overview of systematic review*" OR overview* OR "umbrella review*"):ab)	631,006
9	(barrier* OR facilitat* OR enablers OR obstacle* OR challenge*):ti OR (barrier* OR facilitat* OR enablers OR obstacle* OR challenge*):ab	1,838,363
10	6 AND 7 AND 8 AND 9 AND [english]/lim AND [humans]/lim AND [embase]/lim AND [2010-2020]/py	473

### Health Systems Evidence

No	Search Strategy	Hits
1	(diabetes OR hypertension OR oral cancer OR cervical cancer OR breast cancer) AND (mass screening OR screening) AND (barriers OR facilitators OR enablers OR challenges) Filters: Document type (overviews of systematic reviews, systematic reviews of effects, systematic reviews addressing other questions); Date range (10 years)	64
2	Selected for potential FT examination	3





# Appendix 2: Search strategies for primary studies on oral cancer, diabetes and hypertension

#### PubMed

No	Search Strategy	Hits
1	(diabetes mellitus[MeSH] OR diabet*[tiab] OR "T2DM"[tiab])	708,829
2	(Hypertension[MeSH] OR hypertension[tiab] OR "elevated blood pressure"[tiab])	480,516
3	(mouth neoplasm[tiab] OR mouth neoplasms[MeSH] OR "oral neoplasm" [tiab] OR "oral neoplasms"[tiab] OR "oral cancer"[tiab] OR "oral cancers"[tiab] OR "cancer of mouth"[tiab] OR "mouth cancer"[tiab])	73,882
4	1 OR 2 OR 3	1,168,804
5	(mass screening[MeSH] OR screening[tiab] OR "early detection of disease"[tiab] OR "urinary glucose"[tiab] OR "urine glucose"[tiab] OR "venous fasting plasma glucose"[tiab] OR "fasting capillary blood glucose"[tiab] OR "glycated haemoglobin"[tiab] OR "glycated hemoglobin"[tiab] OR early detection of cancer[MeSH] OR "cancer early detection"[tiab] OR "early diagnosis of cancer"[tiab] OR "visual oral examination"[tiab] OR "clinical oral examination"[tiab])	611,858
6	"randomized controlled trial*"[tiab] OR "randomized controlled trials as topic"[MeSH] OR "clinical trial*"[tiab] OR "randomised controlled stud*"[tiab] OR "randomized controlled stud*"[tiab] OR "randomised controlled trial*"[tiab] OR "non-randomized controlled trials as topic"[MeSH] OR "quasi-experimental stud*"[tiab] OR "pretest-posttest"[tiab] OR "non-randomized trial"[tiab] OR "non-randomised trial"[tiab] OR "non-randomized trial"[tiab] OR "non-randomised trial"[tiab] OR "controlled before- after studies"[tiab] OR "interrupted time series studies"[tiab] OR "non-randomized"[tw] OR "non-randomised[tw] OR "non-randomized[tw] OR nonrandomised[tw] OR "cohort stud*"[tw]	1,230,566
7	((("semi-structured"[tiab] OR semistructured[tiab] OR unstructured[tiab] OR informal[tiab] OR "in-depth"[tiab] OR indepth[tiab] OR "face-to-face"[tiab] OR structured[tiab] OR guide[tiab] OR guides[tiab]) AND (interview*[tiab] OR discussion*[tiab] OR questionnaire*[tiab])) OR ("focus group"[tiab] OR "focus groups"[tiab] OR qualitative[tiab] OR ethnograph*[tiab] OR fieldwork[tiab] OR "field work"[tiab] OR "key informant"[tiab]))	535,156





	OR "interviewe as topio"[MaSH] OR "feaus groups"[MaSH] OR	
	"narration"[MeSH] OR "qualitative research"[MeSH] OR	
	"personal narratives as topic"[MeSH] OR (theme[tiab] OR	
	thematic[tiab]) OR "ethnological research"[tiab] OR	
	phenomenol*[tiab] OR "grounded theory"[tiab] OR "grounded	
	study"[tiab] OR "grounded studies"[tiab] OR "grounded	
	research"[tiab] OR "grounded analysis"[tiab] OR "grounded	
	analyses"[tiab] OR "life story"[tiab] OR "life stories"[tiab] OR	
	hermeneutics[tiab] OR heuristic*[tiab] OR semiotic[tiab] OR "data	
	saturation"[tiab] OR "participant observation"[tiab] OR "action	
	research"[tiab] OR "cooperative inquiry"[tiab] OR "co-operative	
	inguiry"[tiab] OR "field study"[tiab] OR "field studies"[tiab] OR	
	"field research"[tiab] OR "theoretical sample"[tiab] OR "theoretical	
	sampling"[tiab] OR "purposive sampling"[tiab] OR "purposive	
	sample"[tiab] OR "purposive samples"[tiab] OR "lived	
	experience"[tiab] OR "lived experiences"[tiab] OR "purposive	
	sampling"[tiab] OR "content analysis"[tiab] OR discourse[tiab] OP	
	"narrative analysis [tiab] OP holdegger*[tiab] OP colorzi[tiab] OP	
	nairative analysis [tiab] OR heldegger [tiab] OR colaizzi[tiab] OR	
	spiegeiderg[iiab] OR van manen [iiab] OR van kaam [iiab] OR	
	meneau ponty (tiab) OR nussen (tiab) OR Foucaut(tiab) OR	
	Cordinitiadj OR Straussitiadj OR Glaseritiadj	
8	6 OR 7	1,747,280
9	afghanistan[MeSH] OR albania[MeSH] OR algeria[MeSH] OR	1,363,365
	american samoa[MeSH] OR angola[MeSH] OR antigua and	
	barbuda[MeSH] OR argentina[MeSH] OR armenia[MeSH] OR	
	aruba[MeSH] OR azerbaijan[MeSH] OR bahrain[MeSH] OR	
	bangladesh[MeSH] OR barbados[MeSH] OR republic of	
	belarus[MeSH] OR belize[MeSH] OR benin[MeSH] OR	
	bhutan[MeSH] OR bolivia[MeSH] OR bosnia and	
	herzegovina[MeSH] OR botswana[MeSH] OR brazil[MeSH] OR	
	bulgaria[MeSH] OR burkina faso[MeSH] OR burundi[MeSH] OR	
	cabo verde[MeSH] OR cambodia[MeSH] OR cameroon[MeSH]	
	OR central african republic[MeSH] OR chad[MeSH] OR	
	chile[MeSH] OR china[MeSH] OR colombia[MeSH] OR	
	comoros[MeSH] OR democratic republic of the congo[MeSH] OR	
	congo[MeSH] OR costa rica[MeSH] OR cote d'ivoire[MeSH] OR	
	croatia[MeSH] OR cuba[MeSH] OR cvprus[MeSH] OR czech	
	republic[MeSH] OR diibouti[MeSH] OR dominica[MeSH] OR	
	dominican republic[MeSH] OR ecuador[MeSH] OR equatimesH]	
	OR el salvador[MeSH] OR equatorial quinea[MeSH] OR	
	$\alpha$ aritraa[MaSH] OR astonia[MaSH] OR swaziland[MaSH] OR	
	$\begin{array}{c} \text{Combine} \left[ Combine$	
	OK gibraitar[ivieSH] OK greece[MeSH] OK grenada[MeSH] OR	
	guamiivieshi Ok guatemalaimeshi Ok guineaimeshi Ok	
	guinea bissau[MeSH] OR guyana[MeSH] OR haiti[MeSH] OR	





	indonesia[MeSH] OR iran[MeSH] OR iran[MeSH] OR	
	iamaica[MeSH] OR iordan[MeSH] OR kazakhstan[MeSH] OR	
	kenva[MeSH] OR democratic people's republic of korea[MeSH]	
	OR republic of korea[MeSH] OR kosovo[MeSH] OR	
	kurguzstap[MaSH] OP lags[MaSH] OP latvia[MaSH] OP	
	kyrgyzstanijwesnij OK laosijwesnij OK latviajwesnij OK	
	of north macedonia[MeSH] OR madagascar[MeSH] OR	
	malawi[MeSH] OR malaysia[MeSH] OR indian ocean	
	islands[MeSH] OR mali[MeSH] OR malta[MeSH] OR	
	micronesia[MeSH] OR palau[MeSH] OR mauritania[MeSH] OR	
	mauritius[MeSH] OR mexico[MeSH] OR moldova[MeSH] OR	
	mongolia[MeSH] OR montenegro[MeSH] OR morocco[MeSH]	
	OR mozambique[MeSH] OR myanmar[MeSH] OR	
	namibia[MeSH] OR nepal[MeSH] OR netherlands antilles[MeSH]	
	OR nicaragua[MeSH] OR niger[MeSH] OR nigeria[MeSH] OR	
	oman[MeSH] OR pakistan[MeSH] OR panama[MeSH] OR papua	
	new guinea[MeSH] OR paraguay[MeSH] OR peru[MeSH] OR	
	philippines[MeSH] OR poland[MeSH] OR portugal[MeSH] OR	
	puerto rico[MeSH] OR romania[MeSH] OR russia[MeSH] OR	
	rwanda[MeSH] OR samoa[MeSH] OR sao tome and	
	principe[MeSH] OR saudi arabia[MeSH] OR senegal[MeSH] OR	
	serbia[MeSH] OR sevchelles[MeSH] OR sierra leone[MeSH] OR	
	slovakia[MeSH] OR slovenia[MeSH] OR melanesia[MeSH] OR	
	somalia[MeSH] OR south africa[MeSH] OR south sudan[MeSH]	
	OR sri Janka[MeSH] OR saint kitts and nevis[MeSH] OR saint	
	lucia[MeSH] OR saint vincent and the grenadines[MeSH] OR	
	sudan[MeSH] OR suriname[MeSH] OR svria[MeSH] OR	
	tajikistan[MeSH] OR tanzania[MeSH] OR thailand[MeSH] OR	
	timer leate[MeSH] OR targe[MeSH] OR trialland[MeSH] OR	
	and tobage[MeSH] OR tupicie[MeSH] OR turkey[MeSH] OR	
	and tobago[mesh] OR tunisia[mesh] OR turkey[mesh] OR	
	yemen[MeSH] OR yugoslavia[MeSH] OR zambia[MeSH] OR	
	zimbabwe[MeSH] OR africa south of the sahara[MeSH] OR	
	africa, central[MeSH] OR africa, northern[MeSH] OR africa,	
	southern[MeSH] OR africa, eastern[MeSH] OR africa,	
	western[MeSH] OR west indies[MeSH] OR indian ocean	
	islands[MeSH] OR caribbean region[MeSH] OR central	
	america[MeSH] OR latin america[MeSH] OR south	
	america[MeSH] OR asia, central[MeSH] OR asia,	
	northern[MeSH] OR asia, southeastern[MeSH] OR asia,	
	western[MeSH] OR europe, eastern[MeSH] OR developing	
	countries[MeSH]	
10	afghanistan[tw] OR albania[tw] OR algeria[tw] OR american	2,040,449
	samoa[tw] OR angola[tw] OR antigua[tw] OR barbuda[tw] OR	





argentina[tw] OR armenia[tw] OR armenian[tw] OR aruba[tw] OR azerbaijan[tw] OR bahrain[tw] OR bangladesh[tw] OR barbados[tw] OR belarus[tw] OR byelarus[tw] OR belorussia[tw] OR byelorussian[tw] OR belize[tw] OR british honduras[tw] OR benin[tw] OR dahomey[tw] OR bhutan[tw] OR bolivia[tw] OR bosnia[tw] OR herzegovina[tw] OR botswana[tw] OR bechuanaland[tw] OR brazil[tw] OR brasil[tw] OR bulgaria[tw] OR burkina faso[tw] OR burkina fasso[tw] OR upper volta[tw] OR burundi[tw] OR urundi[tw] OR cabo verde[tw] OR cape verde[tw] OR cambodia[tw] OR kampuchea[tw] OR khmer republic[tw] OR cameroon[tw] OR cameron[tw] OR cameroun[tw] OR central african republic[tw] OR ubangi shari[tw] OR chad[tw] OR chile[tw] OR china[tw] OR colombia[tw] OR comoros[tw] OR comoro islands[tw] OR mayotte[tw] OR congo[tw] OR zaire[tw] OR costa rica[tw] OR cote d'ivoire[tw] OR cote d' ivoire[tw] OR cote divoire[tw] OR cote d ivoire[tw] OR ivory coast[tw] OR croatia[tw] OR cuba[tw] OR cyprus[tw] OR czech republic[tw] OR czechoslovakia[tw] OR djibouti[tw] OR french somaliland[tw] OR dominica[tw] OR dominican republic[tw] OR ecuador[tw] OR egypt[tw] OR united arab republic[tw] OR el salvador[tw] OR equatorial guinea[tw] OR spanish guinea[tw] OR eritrea[tw] OR estonia[tw] OR eswatini[tw] OR swaziland[tw] OR ethiopia[tw] OR fiji[tw] OR gabon[tw] OR gabonese republic[tw] OR gambia[tw] OR georgia[tw] OR georgian[tw] OR ghana[tw] OR gold coast[tw] OR gibraltar[tw] OR greece[tw] OR grenada[tw] OR guam[tw] OR guatemala[tw] OR guinea[tw] OR guyana[tw] OR guiana[tw] OR haiti[tw] OR hispaniola[tw] OR honduras[tw] OR hungary[tw] OR india[tw] OR indonesia[tw] OR timor[tw] OR iran[tw] OR iraq[tw] OR isle of man[tw] OR jamaica[tw] OR jordan[tw] OR kazakhstan[tw] OR kazakh[tw] OR kenya[tw] OR korea[tw] OR kosovo[tw] OR kyrgyzstan[tw] OR kirghizia[tw] OR kirgizstan[tw] OR kyrgyz republic[tw] OR kirghiz[tw] OR laos[tw] OR lao pdr[tw] OR lao people's democratic republic[tw] OR latvia[tw] OR lebanon[tw] OR lesotho[tw] OR basutoland[tw] OR liberia[tw] OR libya[tw] OR libyan arab jamahiriya[tw] OR lithuania[tw] OR macau[tw] OR macao[tw] OR macedonia[tw] OR madagascar[tw] OR malagasy republic[tw] OR malawi[tw] OR nyasaland[tw] OR malaysia[tw] OR maldives[tw] OR indian ocean[tw] OR mali[tw] OR malta[tw] OR micronesia[tw] OR kiribati[tw] OR marshall islands[tw] OR nauru[tw] OR northern mariana islands[tw] OR palau[tw] OR tuvalu[tw] OR mauritania[tw] OR mauritius[tw] OR mexico[tw] OR moldova[tw] OR moldovian[tw] OR mongolia[tw] OR montenegro[tw] OR morocco[tw] OR ifni[tw] OR mozambique[tw] OR portuguese east africa[tw] OR myanmar[tw] OR burma[tw] OR namibia[tw] OR nepal[tw] OR netherlands antilles[tw] OR nicaragua[tw] OR





niger[tw] OR nigeria[tw] OR oman[tw] OR muscat[tw] OR pakistan[tw] OR panama[tw] OR papua new guinea[tw] OR paraguay[tw] OR peru[tw] OR philippines[tw] OR philipines[tw] OR phillipines[tw] OR phillippines[tw] OR poland[tw] OR polish people's republic[tw] OR portugal[tw] OR portuguese republic[tw] OR puerto rico[tw] OR romania[tw] OR russia[tw] OR russian federation[tw] OR ussr[tw] OR soviet union[tw] OR union of soviet socialist republics[tw] OR rwanda[tw] OR ruanda[tw] OR samoa[tw] OR pacific islands[tw] OR polynesia[tw] OR samoan islands[tw] OR sao tome and principe[tw] OR saudi arabia[tw] OR senegal[tw] OR serbia[tw] OR seychelles[tw] OR sierra leone[tw] OR slovakia[tw] OR slovak republic[tw] OR slovenia[tw] OR melanesia[tw] OR solomon island[tw] OR solomon islands[tw] OR norfolk island[tw] OR somalia[tw] OR south africa[tw] OR south sudan[tw] OR sri lanka[tw] OR ceylon[tw] OR saint kitts and nevis[tw] OR st kitts and nevis[tw] OR saint lucia[tw] OR st lucia[tw] OR saint vincent[tw] OR st vincent[tw] OR grenadines[tw] OR sudan[tw] OR suriname[tw] OR surinam[tw] OR syria[tw] OR syrian arab republic[tw] OR tajikistan[tw] OR tadjikistan[tw] OR tadzhikistan[tw] OR tadzhik[tw] OR tanzania[tw] OR tanganyika[tw] OR thailand[tw] OR siam[tw] OR timor leste[tw] OR east timor[tw] OR togo[tw] OR togolese republic[tw] OR tonga[tw] OR trinidad[tw] OR tobago[tw] OR tunisia[tw] OR turkey[tw] OR turkmenistan[tw] OR turkmen[tw] OR uganda[tw] OR ukraine[tw] OR uruguay[tw] OR uzbekistan[tw] OR uzbek[tw] OR vanuatu[tw] OR new hebrides[tw] OR venezuela[tw] OR vietnam[tw] OR viet nam[tw] OR middle east[tw] OR west bank[tw] OR gaza[tw] OR palestine[tw] OR yemen[tw] OR yugoslavia[tw] OR zambia[tw] OR zimbabwe[tw] OR northern rhodesia[tw] OR global south[tw] OR africa south of the sahara[tw] OR sub saharan africa[tw] OR subsaharan africa[tw] OR central africa[tw] OR north africa[tw] OR northern africa[tw] OR magreb[tw] OR maghrib[tw] OR sahara[tw] OR southern africa[tw] OR east africa[tw] OR eastern africa[tw] OR west africa[tw] OR western africa[tw] OR west indies[tw] OR indian ocean islands[tw] OR caribbean[tw] OR central america[tw] OR latin america[tw] OR south america[tw] OR central asia[tw] OR north asia[tw] OR northern asia[tw] OR southeastern asia[tw] OR south eastern asia[tw] OR southeast asia[tw] OR south east asia[tw] OR western asia[tw] OR east europe[tw] OR eastern europe[tw] OR developing country[tw] OR developing countries[tw] OR developing nation[tw] OR developing nations[tw] OR developing population[tw] OR developing populations[tw] OR developing world[tw] OR less developed country[tw] OR less developed countries[tw] OR less developed nation[tw] OR less developed nations[tw] OR less developed world[tw] OR lesser developed countries[tw] OR





	lesser developed nations[tw] OR under developed country[tw]	
	OR under developed countries[tw] OR under developed	
	nations[tw] OR under developed world[tw] OR underdeveloped	
	country[tw] OR underdeveloped countries[tw] OR	
	underdeveloped nation[tw] OR underdeveloped nations[tw] OR	
	underdeveloped population[tw] OR underdeveloped	
	populations[tw] OR underdeveloped world[tw] OR middle income	
	country[tw] OR middle income countries[tw] OR middle income	
	nation[tw] OR middle income nations[tw] OR middle income	
	population[tw] OR middle income populations[tw] OR low	
	income country[tw] OR low income countries[tw] OR low income	
	nation[tw] OR low income nations[tw] OR low income	
	population[tw] OR low income populations[tw] OR lower income	
	country[tw] OR lower income countries[tw] OR lower income	
	nations[tw] OR lower income population[tw] OR lower income	
	populations[tw] OR underserved countries[tw] OR underserved	
	nations[tw] OR underserved population[tw] OR underserved	
	populations[tw] OR under served population[tw] OR under	
	served populations[tw] OR deprived countries[tw] OR deprived	
	population[tw] OR deprived populations[tw] OR poor country[tw]	
	OR poor countries[tw] OR poor nation[tw] OR poor nations[tw]	
	OR poor population[tw] OR poor populations[tw] OR poor	
	world[tw] OR poorer countries[tw] OR poorer nations[tw] OR	
	poorer population[tw] OR poorer populations[tw] OR developing	
	economy[tw] OR developing economies[tw] OR less developed	
	economy[tw] OR less developed economies[tw] OR	
	underdeveloped economies[tw] OR middle income economy[tw]	
	OR middle income economies[tw] OR low income economy[tw]	
	OR low income economies[tw] OR lower income economies[tw]	
	OR low gdp[tw] OR low gnp[tw] OR low gross domestic[tw] OR	
	low gross national[tw] OR lower gdp[tw] OR lower gross	
	domestic[tw] OR Imic[tw] OR Imics[tw] OR third world[tw] OR	
	lami country[tw] OR lami countries[tw] OR transitional	
	country[tw] OR transitional countries[tw] OR emerging	
	economies[tw] OR emerging nation[tw] OR emerging nations[tw]	
11	9 OR 10	2,105,181
12	barrier*[tiab] OR facilitat*[tiab] OR enablers[tiab] OR	1,491,482
	obstacle*[tiab] OR challenge*[tiab]	
13	4 AND 5 AND 8 AND 11 AND 12 Filters: 10 years; English	183

### Embase

No	Search Strategy	Hits
1	(("diabetes mellitus"/de) OR (diabet* OR "T2DM"):ti OR (diabet* OR	1,110,184
	"T2DM"):ab)	
2	(("elevated blood pressure"/de) OR (hypertension OR "elevated blood	607,276
	pressure"):ti OR (hypertension OR "elevated blood pressure"):ab)	





3	(("mouth cancer"/de) OR ("mouth neoplasm*" OR "oral neoplasm*"	25,574
	OR "oral cancer*" OR "cancer of mouth" OR "mouth cancer*"):ti OR	
	("mouth neoplasm*" OR "oral neoplasm*" OR "oral cancer*" OR	
	"cancer of mouth" OR "mouth cancer*"):ab)	
4	1 OR 2 OR 3	1,587,577
5	(("mass screening"/de) OR (screening OR "early detection of disease"	731,657
	OR "urinary glucose" OR "urine glucose" OR "venous fasting plasma	
	glucose" OR "fasting capillary blood glucose" OR "glycated	
	haemoglobin" OR "glycated hemoglobin" OR "early detection of	
	disease" OR "early detection of cancer" OR "early diagnosis of cancer"	
	"visual oral examination" OR "clinical oral examination"):ti OR	
	(screening OR "early detection of disease" OR "urinary glucose" OR	
	"urine glucose" OR "venous fasting plasma glucose" OR "fasting	
	capillary blood glucose" OR "glycated haemoglobin" OR "glycated	
	hemoglobin" OR "early detection of disease" OR "early detection of	
	cancer" OR "early diagnosis of cancer" OR "visual oral examination"	
	OR "clinical oral examination"):ab)	
6	(("randomized controlled trial"/de OR "quasi-experimental study"/de)	1,182,149
	OR ("randomized controlled trial*" OR "randomised controlled trial*"	
	OR "randomised controlled stud*" OR "randomized controlled stud*"	
	OR "controlled clinical trial" OR "quasi experimental stud*" OR	
	"pretest-posttest" OR "non-randomized trial" OR "non-randomised	
	trial" OR "nonrandomized trial" OR "nonrandomised trial" OR	
	"controlled before-after studies" OR "interrupted time series studies"	
	OR "non-randomized" OR "non-randomised" OR nonrandomized OR	
	nonrandomised OR "cohort stud*" OR "observational stud*"):ti OR	
	("randomized controlled trial*" OR "randomised controlled trial*" OR	
	"randomised controlled stud*" OR "randomized controlled stud*" OR	
	"controlled clinical trial" "quasi experimental stud*" OR "pretest-	
	posttest" OR "non-randomized trial" OR "non-randomised trial" OR	
	"nonrandomized trial" OR "nonrandomised trial" OR "controlled	
	before-after studies" OR "interrupted time series studies" OR "non-	
	randomized" OR "non-randomised" OR nonrandomized OR	
	nonrandomised OR "cohort stud*" OR "observational stud*":ab)	
7	((("semi-structured" OR semistructured OR unstructured OR informal	849,151
	OR "In-depth" OR Indepth OR "face-to-face" OR structured OR guide	
	OR guides) AND (interview* OR discussion* OR questionnaire*)) OR	
	("Tocus group" OK "Tocus groups" OK qualitative OK ethnograph* OR	
	fieldwork OR "field work" OR "key informant")) OR (interview/de OR	
	"qualitative research"/de) OR (interview OR "focus groups" OR	
	"narration" OR "qualitative research" OR "personal narratives as topic"	
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### Appendix 3: PRISMA Study Selection Flow Charts

# Figure 1 PRISMA study selection flow chart for systematic reviews on cervical and breast cancer screening



Figure 2 PRISMA study selection flow chart for studies on oral cancer, diabetes and hypertension screening



## Appendix 4: List of excluded systematic reviews with reasons for exclusion

### Systematic reviews that included studies conducted in HICs or UMICs

Aggarwal A, urangi A, Smith W. Disparities in breast and cervical cancer screening in 1. women with mental illness: A systematic literature review. American Journal of Preventive Medicine. 2013;44(4):392-8.

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Andreeva VA, Pokhrel P. Breast cancer screening utilization among Eastern 3. European immigrant women worldwide: a systematic literature review and a focus on psychosocial barriers. Psychooncology.22(12):2664-75.

Azami-Aghdash S, Ghojazadeh M, Sheyklo SG, Daemi A, Kolahdouzan K, Mohseni 4. M, et al. Breast Cancer Screening Barriers from the Womans Perspective: a Meta-synthesis. Asian Pac J Cancer Prev. 2015;16(8):3463-71.

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7. Buckley BS, Harreiter J, Damm P, Corcoy R, Chico A, Simmons D, et al. Gestational diabetes mellitus in Europe: prevalence, current screening practice and barriers to screening. A review. Diabet Med.29(7):844-54.

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9. Chan DNS, So WKW. A Systematic Review of the Factors Influencing Ethnic Minority Women's Cervical Cancer Screening Behavior: From Intrapersonal to Policy Level. Cancer Nurs. 2017;40(6):E1-e30.

Chorley AJ, Marlow LA, Forster AS, Haddrell JB, Waller J. Experiences of cervical 10. screening and barriers to participation in the context of an organised programme: a systematic review and thematic synthesis. Psychooncology.26(2):161-72.

Connolly D, Hughes X, Berner A. Barriers and facilitators to cervical cancer 11. screening among transgender men and non-binary people with a cervix: A systematic narrative review. Prev Med.135:106071.

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2018;53:3170-88.

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 Fang CY, Ragin CC. Addressing disparities in cancer screening among U.S.

immigrants: Progress and opportunities. Cancer Prevention Research. 2020;13(3):253-9.
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Medical and Health Sciences 1117 Public Health and Health Services. BMC Women's Health. 2018;18(1).

20. Fern, ez ME, Savas LS, Lipizzi E, Smith JS, Vernon SW. Cervical cancer control for Hispanic women in Texas: Strategies from research and practice. Gynecologic Oncology. 2014;132:S26-S32.

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24. Jerome-D'Emilia B. A systematic review of barriers and facilitators to mammography in Hispanic women. J Transcult Nurs.26(1):73-82.

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and challenges. Asia-Pacific Journal of Clinical Oncology. 2014;10:237.

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3. Dessalegn Mekonnen B. Cervical Cancer Screening Uptake and Associated Factors among HIV-Positive Women in Ethiopia: A Systematic Review and Meta-Analysis. Advances in Preventive Medicine. 2020;2020. - not related to component 2. For component 1, the study designs were not relevant, as all the seven included studies were cross-sectional

4. Khatib R, Nieuwlaat R, Schwalm JD, Khan M, Haynes RB, Connolly S, et al. Barriers to hypertension screening, treatment and control as reported by patients and healthcare providers. Circulation: Cardiovascular Quality and Outcomes. 2013;6(3). - Conference abstract - no FT available. Also, lacks details on countries/settings

5. Paduch A, Kuske S, Schiereck T, Droste S, Loerbroks A, Sørensen M, et al. Psychosocial barriers to healthcare use among individuals with diabetes mellitus: A systematic review. Prim Care Diabetes.11(6):495-514. - wrong population- diabetic retinopathy

6. Rahman R, Clark MD, Collins Z, Traore F, Dioukhane EM, Thiam H, et al. Cervical cancer screening decentralized policy adaptation: an African rural-context-specific systematic literature review. Glob Health Action. 2019;12(1):1587894. - in rural context-wrong population

7. Simbar M, Ghazanfarpour M, Abdolahian S. Effects of training based on the health belief model on Iranian women's performance about cervical screening: A systematic review and meta-analysis. Journal of Education and Health Promotion. 2020;9. - Not LMIC

8. Speight PM, Epstein J, Kujan O, Lingen MW, Nagao T, Ranganathan K, et al. Screening for oral cancer-a perspective from the Global Oral Cancer Forum. Oral Surg Oral Med Oral Pathol Oral Radiol.123(6):680-7. - wrong study design

9. Guillaume D, Ch, Ier R, Igbinoba S. Barriers to Cervical Cancer Screening Among Women Living With HIV in Low- and Middle-Income Countries: A Systematic Review. J Assoc Nurses AIDS Care. 2020;31(5):497-516. - a more comprehensive SR in the same target population by Kasraeian et al is available. More number of studies, and all the studies in this SR are included in the SR by Kasraeian

10. Paudyal P, Flohr FD, Llewellyn CD. A systematic review of patient acceptance of screening for oral cancer outside of dental care settings. Oral Oncol. 2014;50(10):956-62. - the majority of the studies (n = 7) were conducted in the UK, two in the USA, one in Canada and two in India. ut the two studies do not relate to screening uptake or utilisation. The outcome was about screening utilisation. On further examination of the two primary studies, they we related to the diagnostic accuracy of various tests in improving screening.





# Appendix 5: List of excluded primary studies with reasons for exclusion (diabetes hypertension and oral cancer)

1. Ahmed NHM, Naidoo S. Oral Cancer Knowledge, Attitudes, and Practices among Dentists in Khartoum State, Sudan. J Cancer Educ. 2019;34(2):291-6. - this study was about knowledge and attitudes of dentists on oral cancer. There was a lack of information on screening, except a brief mention

2. Chukwuma A, Gong E, Latypova M, Fraser-Hurt N. Challenges and opportunities in the continuity of care for hypertension: a mixed-methods study embedded in a primary health care intervention in Tajikistan. BMC Health Serv Res. 2019;19(1):925. - rural health centres. Mixed methods study - survey and FGDs

3. Dsouza JP, Van Den Broucke S, Pattanshetty S, Dhoore W. Exploring the Barriers to Cervical Cancer Screening through the Lens of Implementers and Beneficiaries of the National Screening Program: A Multi-Contextual Study. Asian Pac J Cancer Prev. 2020;21(8):2209-15. - more focus on rural setting, wiith very limited information for urban settings

4. Flor LS, Wilson S, Bhatt P, Bryant M, Burnett A, Camarda JN, et al. Communitybased interventions for detection and management of diabetes and hypertension in underserved communities: a mixed-methods evaluation in Brazil, India, South Africa and the USA. BMJ Glob Health. 2020;5(6). - the studies from India and South Africa appear to have been conducted in rural settings

5. Kumar S, Shewade HD, Vasudevan K, Durairaju K, Santhi VS, Sunderamurthy B, et al. Effect of mobile reminders on screening yield during opportunistic screening for type 2 diabetes mellitus in a primary health care setting: A randomized trial. Prev Med Rep. 2015;2:640-4. - this is about screening yield, which refers to the number of cases detected. Lacks information on screening uptake

6. Tan J, Xu H, Fan Q, Neely O, Doma R, Gundi R, et al. Hypertension Care Coordination and Feasibility of Involving Female Community Health Volunteers in Hypertension Management in Kavre District, Nepal: A Qualitative Study. Glob Heart. 2020;15(1):73. - Study conducted in the rural areas of Kavre district, Nepal.



