



The
George
Institute
for Global Health



**NCD Child and
The George Institute for
Global Health present:**

MENTAL HEALTH ADVOCACY AND ACTION IN EUROPE

A virtual regional workshop

June 21 - 30, 2022



Making the Case for Mental Health Tuesday, June 21, 2022, 8 - 9 a.m. EDT

Join this session to learn about, and discuss, different case studies on mental health in Europe. Participants will get the chance to interact with experts in breakout sessions. Speakers:

- **Dr. Malek Bajbouj**, Professor of Affective Neuroscience and Psychiatry at the Free University of Berlin and Charité, Berlin, Germany
- **Dr. Nicole Votruba**, Postdoctoral Researcher in Implementation Science at the University of Oxford, Oxford, England
- **Jessica Newberry Le Vay**, Policy Fellow in Climate Change and Health at the Institute of Global Health Innovation, London, England

Register here: <https://zoom.us/meeting/register/tJclc-Guqj4pEtbscgWmjGKujFZuy4rmfVpr>

Meet up for Mental Health Thursday, June 23, 2022, 8 - 9 a.m. EDT

Join this speed networking session to e-meet others in the European region with an interest in mental health! This session is open to policy advisors, researchers, advocates, students, professionals and anyone looking to network in this area.

Register here: <https://zoom.us/meeting/register/tJAvce-vpjkqG9FurUsQfEwR2L4aTHqRS6Xd>

Mental Health and Me: A Focus Group Discussion Date and time TBD

The purpose of this focus group discussion is to unpack the stories and lived experiences of people living with non-communicable diseases (PLWNCDs) in Europe. Specifically, we would like to better understand NCD stigma, discrimination and coping strategies. The results of this focus group discussion will inform the #StandUpSpeakOut Campaign led by NCD Child's PLWNCDs Working Group.

This event is invitation only. To inquire about participating please contact amanda.giancola@sickkids.ca.

Becoming a Mental Health Advocate: A Feedback Session Date and time TBD

The purpose of this session is to give feedback on the mental health modules of SickKids' advocacy course. Participants will receive access to course content in advance and will be asked to share their experiences and learnings during the feedback session.

This event is invitation only. To inquire about participating please contact amanda.giancola@sickkids.ca.