



HHAN: Evaluation of an intersectoral initiative “Healthy Homes and Neighbourhoods” – May 2025

FACTS:

- The Longitudinal Study of Australian Children, which followed a nationally representative sample of 5,107 infants, showed how factors like demographics, geography, health conditions, risks (such as poor access to care) are linked to worse physical and developmental outcomes.
- 27% of HHAN clients report a reduction in depression, 64% report a decrease in anxiety, 45% report a reduction in stress.

PROJECT CYCLE:

2023 – 2026

PARTNERS:

The George Institute
UNSW Sydney, Australia
University of Sydney, Australia
NSW Ministry of Health
Health Justice Australia
CESPHN

SUPPORTERS:

The George Institute
National Health and Medical Research
Council (NHMRC)
CREHSCI

PRINCIPAL INVESTIGATOR:

Dr Hueiming Liu

BACKGROUND:

- When social disadvantages within families go unaddressed, they can lead to long-term illness, further reinforcing health and social inequalities across generations.
- Services aimed at addressing social and health disadvantage should be delivered across the life-course and tailored to the complex needs of families facing adversity.
- HHANS aims to strengthen family well-being by providing support to navigate health challenges and social stressors, while also inspiring families to prevent and break the cycles of disadvantage.

AIM:

- To evaluate HHAN's impact on the health, wellbeing and social outcomes of families with complex health and social needs, while identifying ways to enhance its cost-effectiveness.

METHODS:

- We will use a method that looks closely at patterns in:
- Outcomes - This will include changes in families' health, wellbeing and social circumstances as a result of the HHAN program, as well as how well the program is reaching people, how much is being delivered, how true the program is to its design, and how acceptable and appropriate it is.
- Mechanisms - The key parts of the HHAN program and how they affect how people think and act, leading to the outcomes we see.
- Context – The factors at the policy, organisation and individual levels that influence how the program works and how successful the outcomes are.

IMPACT

- We believe that collecting data and continuously improving the program will make it more relevant, widely adopted, and sustainable in the long term.

CONTACT:

To find out more about this project, its investigators or The George Institute please contact
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