Dietary Sodium Reduction Strategies

Lessons from a community based behavioural change intervention study

10:00 to 14:30 IST, 15th December 2022, Taj Vivanta Hotel, Begumpet, Hyderabad

Aim
• To exchange the learnings and observations between TGI and external stakeholders on national dietary sodium reduction strategies with emphasis on lessons learnt from a community-based salt reduction intervention study in Telangana, India.

Objectives
• To present our learnings and experiences from a sodium reduction intervention study in Telangana, India that can help develop policies and programs for promoting salt intake reduction at population level.
• To discuss experiences of implementation experts and stakeholders (funders, officials, beneficiaries) on effective behaviour change intervention models for improving salt consumption practices in communities.
• To identify strategic approaches and priority actions for dietary sodium reduction in Telangana.

Outcomes
• Increased understanding on the need for evidence-based and cost-effective interventions for reducing population salt intake as a strategy to reduce the burden of non-communicable diseases (NCDs).
• Pool of new evidence-based solutions, actions and approaches found to improve and address barriers to salt reduction strategies (what is being done, what is working, what is not working and what more could be done).
# Agenda

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<th>Time (IST)</th>
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<td>10am – 10.30am</td>
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| 10:30am – 10.40am | Inaugural Session | Maina Sharma  
Welcome Address  
Assistant Manager, Impact & Engagement India,  
The George Institute for Global Health, India |
| 10.40am – 10.50am | Keynote address | Dr. Vinod Bobhy  
State's NCD program including nutrition interventions—Learnings and way forward  
PO NCD, DM&HO, Siddipet, Telangana |
| 10.50am–11.10am | Session 1 | Presentation by  
Dr. Manika Sharma  
Reducing Sodium Intake: sodium reduction strategies framework and Interventions  
Senior Technical Advisor, Nutrition, Resolve To Save Lives, New Delhi, India |
| 11.10am–11.30am | Global evidence on salt reduction Interventions | Presentation by  
Dr. Jacqui Webster  
Global evidence on salt reduction Interventions  
Head, Public Health Advocacy and Policy Impact, Food Policy Centre Director, WHO CC Salt Reduction, The George Institute for Global Health, Australia |
| 11.30am–12.30pm | Session 2 | Presentation by  
Dr. D. Praveen  
Overview of sodium reduction intervention India (SRII) project: Findings of the project  
Director, Primary Health Care research, The George Institute for Global Health, India  
Mr. T. Sudhir Raj  
Research Fellow, The George Institute for Global Health, India  
Dr. Josyula K Lakshmi  
Senior Research Fellow, The George Institute for Global Health, India |
| 12.30pm–1.30pm | Panel discussion on actions and way forward (followed by Q&A) | Panelists  
Dr. J. Kashinath  
District Medical & Health Officer, Siddipet, Telangana  
Dr. Manika Sharma  
Senior Technical Advisor, Nutrition, Resolve To Save Lives, New Delhi, India  
Dr. K. Nanda Kishore  
Additional Professor · IIPH Hyderabad, Public Health Foundation of India  
Dr. Mohd Azeemuddin  
PO TB, DM&HO, Siddipet, Telangana  
Dr. Vinod Bobhy  
PO NCD, DM&HO, Siddipet, Telangana |
| 1.30p – 1.40pm | Summary and closing remarks | Maina Sharma |
| 1.40pm–2.30pm | Lunch and Close | |