

MULTI-STAKEHOLDER MEETING

Dietary Sodium Reduction Strategies

*Lessons from a community based
behavioural change intervention study*



10:00 to 14:30 IST, 15th December 2022, Taj Vivanta Hotel, Begumpet, Hyderabad

Aim

- To exchange the learnings and observations between TGI and external stakeholders on national dietary sodium reduction strategies with emphasis on lessons learnt from a community-based salt reduction intervention study in Telangana, India.

Objectives

- To present our learnings and experiences from a sodium reduction intervention study in Telangana, India that can help develop policies and programs for promoting salt intake reduction at population level.
- To discuss experiences of implementation experts and stakeholders (funders, officials, beneficiaries) on effective behaviour change intervention models for improving salt consumption practices in communities.
- To identify strategic approaches and priority actions for dietary sodium reduction in Telangana.

Outcomes

- Increased understanding on the need for evidence-based and cost-effective interventions for reducing population salt intake as a strategy to reduce the burden of non-communicable diseases (NCDs).
- Pool of new evidence-based solutions, actions and approaches found to improve and address barriers to salt reduction strategies (what is being done, what is working, what is not working and what more could be done).

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Agenda

Time (IST)	Topic	Speaker/ Moderator
10am – 10.30am	Registration & tea	
10:30am – 10.40am	Inaugural Session Welcome Address	Maina Sharma Assistant Manager, Impact & Engagement India, The George Institute for Global Health, India
10.40am – 10:50am	Keynote address State's NCD program including nutrition interventions- Learnings and way forward	Dr. Vinod Bobjy PO NCD, DM&HO, Siddipet, Telangana
10.50am-11.10am	Session 1 Reducing Sodium Intake: sodium reduction strategies framework and Interventions	Presentation by Dr. Manika Sharma Senior Technical Advisor, Nutrition, Resolve To Save Lives, New Delhi, India
11.10am-11.30am	Global evidence on salt reduction Interventions	Presentation by Dr. Jacqui Webster Head, Public Health Advocacy and Policy Impact, Food Policy Centre Director, WHO CC Salt Reduction, The George Institute for Global Health, Australia
11.30am-12.30pm	Session 2 Overview of sodium reduction intervention India (SRII) project: Findings of the project	Presentation by Dr. D. Praveen Director, Primary Health Care research, The George Institute for Global Health, India Mr. T. Sudhir Raj Research Fellow, The George Institute for Global Health, India Dr. Josyula K Lakshmi Senior Research Fellow, The George Institute for Global Health, India
12.30pm–1.30pm	Panel discussion on actions and way forward (followed by Q&A) <ul style="list-style-type: none"> • Salt reduction under National NCD program • Next steps for supporting sodium reduction in Telangana. 	Panelists Dr. J. Kashinath District Medical & Health Officer, Siddipet, Telangana Dr. Manika Sharma Senior Technical Advisor, Nutrition, Resolve To Save Lives, New Delhi, India Dr. K. Nanda Kishore Additional Professor · IIPH Hyderabad, Public Health Foundation of India Dr. Mohd Azeemuddin PO TB, DM&HO, Siddipet, Telangana Dr. Vinod Bobjy PO NCD, DM&HO, Siddipet, Telangana
1.30p – 1.40pm	Summary and closing remarks	Maina Sharma
1.40pm-2.30pm	Lunch and Close	