



*Our mission is to improve the health of millions of people worldwide.*

## Study to test and operationalize preventive approaches for chronic kidney disease of unknown etiology gets underway in the Uddhanam region of Andhra Pradesh



In order to curb the rising incidence of chronic kidney disease in the Uddanam region of Andhra Pradesh by getting to and analysing the root causes, the [Stop CKDu study](#) kicked off in January 2018 with a team comprising members from The George Institute for Global Health and The Energy and Resources Institute (TERI) undertaking field visits in Srikakulam District.

In a high-level review meeting, held at the Secretariat of the Andhra Pradesh Chief Minister Shri Chandrababu Naidu on June 9, 2018, [Prof Vivekanand Jha](#) presented an overview of the aims and objectives, the areas selected for the study, findings from the secondary analysis of the Andhra Pradesh Govt screening data and outlined the progress made so far and the community awareness activities conducted. [Read More...](#)



**Launch of IMPACT diabetes, a mobile app based intervention to make diabetes care accessible through ASHA workers**

Publications in 2018

35

**Increase in Health Financing and Strategic Purchasing Key to Achieving Universal Health Coverage**

The '[IMPACT Diabetes](#)' program was unveiled at an event in New Delhi on Wednesday, April 18<sup>th</sup> by Hon. Gladys Berejiklian, Premier of NSW in Australia, other dignitaries who attended the launch event included Ms. Harinder Sidhu, Australian High Commissioner and Prof O.P. Kalra, the Vice Chancellor of the Pandit B.D. Sharma Institute of Medical Sciences, Rohtak.

The project aims to train female community health workers, known as ASHAs, in the use of a smartphone app allowing them to screen people in the communities, identify those with diabetes or at high risk of the disease, offer them lifestyle and diet advice, refer them to the doctor for drug treatment and follow up on their adherence to treatment and control.. [Read More...](#)



### **Study finds ASHA workers effective in managing hypertension in rural areas**

A team of researchers lead by Prof Amanda Thrift from Monash University Australia aimed to develop and pilot a training package for Accredited Social Health Activists (ASHAs) to identify and control hypertension in the community and evaluate the effectiveness of the training program.

Researchers found in their evaluation that the ASHAs' knowledge of hypertension improved from a mean score of 64% before training to 76% post-training and 84% after the 3-month intervention. [Read More...](#)



### **Monitoring health inequalities in Indonesia: moving from commitment to practice**



Two round tables organized by The George Institute on 14&15 May, 2018 in New Delhi brought together government officials, health care providers, academics, international agencies and civil society organisations to discuss models of [primary healthcare](#) and progress towards universal health coverage in India. [Read More...](#)

### **Meet Dr Soumyadeep Bhaumik, Research Fellow in our Injury Division**



Dr Soumyadeep Bhaumik, Research Fellow, The George Institute talks about why he became a public health researcher, his current focus work on injury and other professional interests, in a profile interview. [Read More...](#)

### **Doctoral student secures prestigious fellowship for work with women in rural India**



Dr Shobhana Nagraj, a doctoral student with The George Institute at the

The Department of Information, Evidence and Research of the World Health Organisation, with support from [Dr Devaki Nambiar](#), Program Head for Health Systems and Equity, The George Institute India, has over the past four years developed a system and process of health inequality monitoring relevant for health policy and programming in the SDG era.

University of Oxford, has been awarded a prestigious clinical research training fellowship by the UKs Medical Research Council. [Read More...](#)

Three papers in a special supplement of the journal Global Health Action coming out this year talk about various aspects of health inequality monitoring in Indonesia, drawing upon a 2- year long process in Indonesia. The process described can be adapted for application in other countries wishing to examine and act on health inequalities. Devaki is now being funded by the Wellcome Trust/DBT India Alliance to replicate this [model in Kerala](#). [Read More...](#)

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## Yoga effective as a fall prevention strategy among the elderly, reveals new research





Falls are an emerging public health issue in India and a major cause of mortality and morbidity globally. It is estimated that 75 per cent of the fall injuries occur in low and middle-income countries and the impact set to rise as the population ages.

A new study conducted by the George Institute for Global Health suggests that doing yoga can prove beneficial in preventing falls among the elderly, restore balance and mobility and hence effective in preventing injuries. [Read More...](#)

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